



SALT RESTAURANT
FISH & MEAT



SOPA - SOUPS

FISH SOUP /SOPA PESCADO

White Fish, Prawns, Prawns, Clams, Mussels
Pescado Blanco, Longostinos, Gamba, Almejas, Mejillones

8.50 €

TOMATO SOUP / SOPA TOMATE

Ripe Tomatoes, Onion, Garlic, Olive Oil, Carrot, Red Pepper
TomateS Maduros, Cebolla , Ajo, Aceite De Oliva, Zanahoria, Pimiento Rojo

6.50 €



ENTRANTES - STARTERS

PIL PIL GARLIC PRAWN / GAMBA PIL PIL AJILLO

Garlic, Prawns, Olive Oil, Sauce, Chili Peppers
Ajo, Gambas, Aceite de Oliva , Salsa, Guindillas

9.50 €

PIL PIL PRAWN / GAMBA PIL PIL

Garlic, White Wine, Sweet Paprika, Olive Oil, Chopped Parsley,Chilli, Prawns
Ajo, Vino Blanco, Pimenton Dulce, Aceite de Oliva, Perejil Picado, Guindilla, Gambas

9.50 €



FRIED CHICKEN WINGS – (8 PIECES) / ALITAS DE POLLO FRITAS – (8 PIEZAS) 8.90 €

Wheat flour, salt, freshly ground pepper, garlic powder,Hot Paprika
Harina De Trigo, Sal, Pimienta Recien Molida, Ajo En Polvo, Pimenton Picante

ONION RINGS / AROS DE CEBOLLA

2.95 €

BREAD WITH CHEESE / PAN CON QUESO

2.80 €

CHEESE CROQUETTE, HAM / CROQUETA DE QUESO, JAMON – (7 PIEZAS)

5.90 €

Ham, Butter, Wheat flour, Milk, Salt, Ground Black Pepper, Egg, breadcrumbs
Jamon, Mantequilla, Harina de trigo, Leche, Sal, Pimienta Negra Molida, Huevo, pan rallado

FRESH FISH CROQUETTE-COD / CROQUETA DE PESCADO-BACALO FRESCO

7.90 €

Butter, Milk, Wheat flour, Beaten egg, Ground nutmeg,
Extra Virgin Olive Oil, Black Pepper, Ground Salt
Mantequilla, Leche, Harinada de trigo, Huevo Batido, Nuez Moscada Molida, Aceita De Oliva Virgen Extra, Pimienta Negra, Molida Sal

CHICKEN WITH POPCORN / POLLO CON PALOMITAS

8.90 €

Popcorn Onions, Garlic, Milk Beaten Egg, Water Salt,Black pepper
Palomitas de maiz Cebollas, Ajo, Leche Huevo Batido, Agua Sal, Pimienta Negra



VARIETY FRIED FISH / FRITURA DE PESCADO

15.00 €

Fish marinated, Pink Fish, Prawn, Calamari /
Cazon en Adobo, Rosada, Gamba, Calamares



PESCADITO FRITO - FRIED FISH

FISH MARINATED / CAZON EN ADOBO

10.95 €

FRIED CALAMARI / CALAMARES FRITOS

10.90 €

FRIED ROSE WITH FRIED POTATO /
ROSADA FRITA CON PATATA FRITA

13.00 €

PESCADO FRESCO - FRESH FISH

SEA BREAM FOR ONE PERSON / DORADA PARA UNA PERSONA - 400 GRAMO 17.95 €

BASS FOR ONE PERSON / LUBINA PARA UNA PERSONA - 400 GRAMO 17.95 €

SOLE FOR ONE PERSON / LENGUADO PARA UNA PERSONA - 400 GRAMO 18.00 €

GRILLED SWORDFISH / PEZE ESPADA A LA PLANCHA 16.90 €

GRILLED HAKE (FILLET) / MERLUZA A LA PLANCHA (FILETE) 16.90 €

GRILLED PRAWNS OR PRAWNS /
LANGOSTINOS O GAMBONES A LA PLANCHA - (7 PIEZAS) 15.95 €

SALMON WITH CREAMY SAUCE / SALMON CON SALSA CREMOSO 21.95 €
Cooking cream, Cherry Tomato, Spinach, Garlic / Nata cocinar, Tomate Cherry, Espinacas, Ajo

SALMON WITH HONEY MUSTARD GARLIC SAUCE /
SALMON CON SALSA HONEY MOSTAZA GARLIC 21.90 €

CLAMS WITH SAUCE / ALMEJAS CON SALSA 15.90 €
White Wine, Parsley / Vino Blanco, Perejil

VARIETY FRIED FISH / FRITURA DE PESCADO 15.00 €

Fish marinated, Pink Fish, Prawn, Calamari /
Cazon en Adobo, Rosada, Gamba, Calamares

***ALL WITH GARRISONS POTATO AND SALAD /
*TODOS CON GUARNICIONES ENSALADA MIXTA Y PATATAS A LO POBRE**



PESCADO AL HORNO - BAKED FISH

SEA BREAM / DORADA
TURBOT / RODABALLO
SEA BASS / LUBINA

Price according to weight/
Precio según peso

PESCADO A LA PLANCHA - GRILLED FISH

SEA BREAM / DORADA
TURBOT / RODABALLO
SEA BASS / LUBINA

Price according to weight/
Precio según peso

PESCADO A LA SAL - SALT FISH

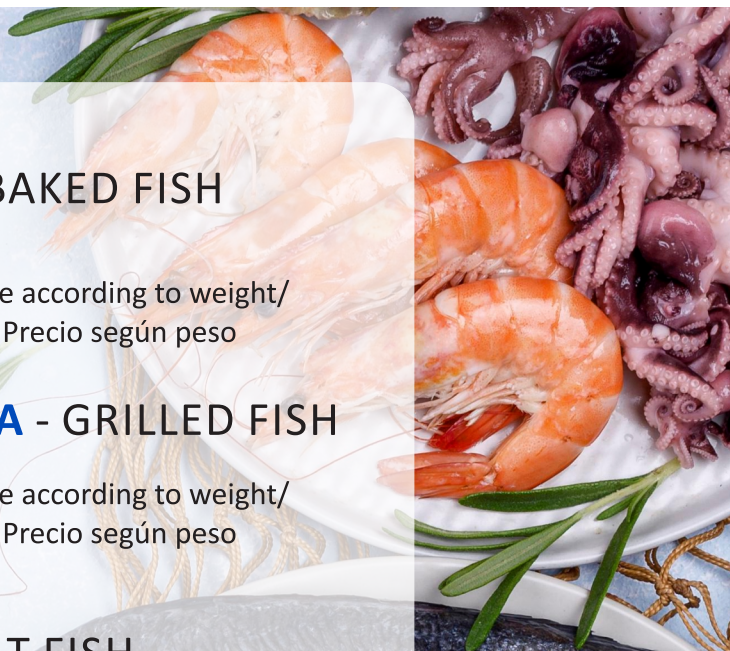
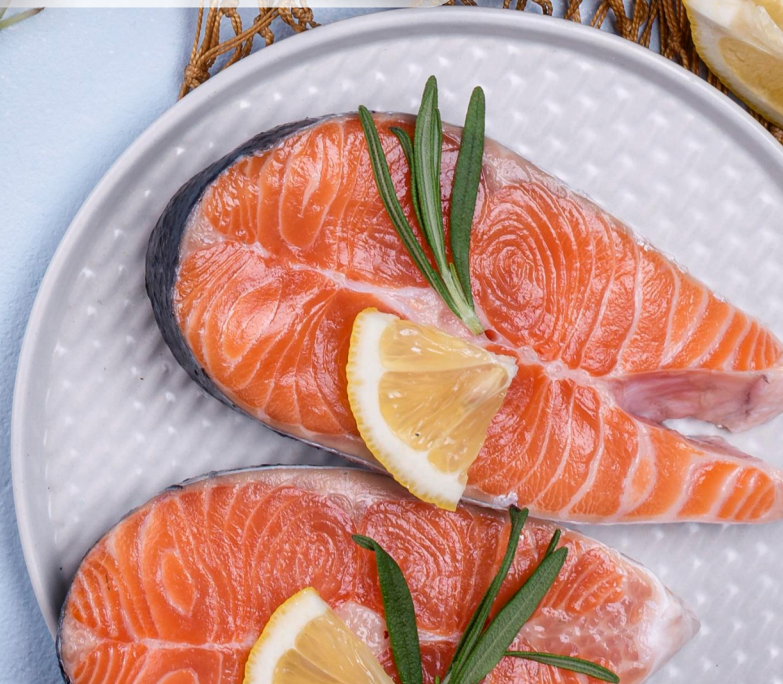
SEA BREAM / DORADA
SEA BASS / LUBINA

Price according to weight/
Precio según peso

PESCADO A LA NORTEÑA - NORTEÑA FISH

SEA BREAM / DORADA
TURBOT / RODABALLO
SEA BASS / LUBINA

Price according to weight/
Precio según peso



ENSALADAS - SALADS

MIXED SALAD / ENSALADA MIXTA 7.90 €

Lettuce, Onion, Tomato, Cucumber, Corn, Carrot /
Lechuga, Cebolla, Tomate, Pepino, Maiz, Zanahoria

CHEF SALAD / ENSALADA DEL CHEF 9.50 €

Lettuce, Onion, Tomato, Cucumber, Corn, Tuna, Boiled Egg, Prawns, Avocados./
Lechuga, Cebolla, Tomate, Pepino, Maiz, Atun, Huevo Cocido, Gambas, Aguacates.

TOMATO ONION TUNA SALAD / ENSALADA TOMATE CEBOLLA ATUN 8.90 €

Tomato, Tuna, Onion / *Tomate, Atun, Cebolla*

AVOCADO WITH PRAWNS / AGUACATES CON LANGOSTINOS 10.50 €

Lettuce, Tomato, Sauce, Rose, Parsley, Prawns/
Lechuga, Tomate, Salsa, Rosa, Perejil, Gambas

CHICKEN SALAD / ENSALADA POLLO 9.50 €

Lettuce, Tomato, Cucumber, Onion, Avocado, Corn/
Lechuga, Tomate, Pepino, Cebolla, Aguacates, Maiz

PASTA

SPAGHETTI WITH MINCED MEAT / ESPAGUETIS CON CARNE PICADA 10.50 €

Tomato, Onion, Garlic, Laurel, Dried Oregano, Ground Black Pepper, Salt, Olive Oil/
Tomate, Cebolla, Ajo, Laurel, Oregano Seco, Pimenta Negra Molida, Sal, Aceite De Oliva

SPAGHETTI CARBONARA / ESPAGUETIS CARBONARA 11.90 €

Bacon, Cooking Cream, Egg Yolks, Garlic Butter, Cheese, Black pepper /
Bacon, Nata Cocinar, Yemas De Huevo, Mantequilla Ajo, Queso, Pimienta Negra

SPAGHETTI A LA CHEF / ESPAGUETIS A LA CHEF 10.90 €

Tomato sauce with ham, mushrooms, cream, cooking, garlic /
Salsa Tomate Con Jamon, champiñones, Nata, Cocinar, Ajo

SPAGHETTI WITH PESTO / ESPAGHETTI AL PESTO 10.50 €

Fresh Basil Leaves, Grated Parmesan Cheese, Garlic, pine nuts, olive oil, salt /
Hojas De Albahaca Fresca, Queso Parmesano Rallado, Ajo, piñones, aceite De Oliva, Sal

GARLIC SPAGHETTI / ESPAGHETTI AJILLO 11.95 €

Prawns, vegetables, spicy, Garlic / *Gambas, verduras, picantes, Ajo*



MACARRONE

MACARONI WITH MEAT / MACARRONES CON CARNE 10.90 €

Tomato sauce, onion, carrot, white wine, oregano, Ground Black Pepper, Cheese /
Salsa Tomate, cebolla, Zanahoria, Vino Blanco, Oregano, Pimienta Negra Molida, Queso

MACARONI WITH BROCCOLI BACON / MACARRONES CON BROCOLI BACON 11.50 €

Bacon, Broccoli, onion, cooking cream, Garlic, Cheese /
Bacon, Brocoli, cebolla, nata cocinar, Ajo, Queso

A LA CARBONARA MACAROONS / MACARRONES A LA CARBONARA 11.90 €

Onion, Bacon, Cream, Egg Yolk / *Cebolla, Bacon, Nata, Yema de Huevo*

MACARONI WITH CHORIZO / MACARRONES CON CHORIZO 10.50 €

Chorizo, Garlic, Onion with Jalapeño, Spicy /
Chorizo, Ajo, Cebolla Con Jalapeño, Picante

MACARONI WITH TOMATO SAUCE / MACARRONES CON SALSA TOMATO 10.00 €



TORTELLINI DE CARNE - MEAT TORTELLINI

TORTELLINI ALLA PANA 10.90 €

Ham, Cooked, Cooking cream, Ground Black Pepper /
Jamon, Cocida, Nata cocinar, Pimienta Negra Molida

TORTELLINI AI QUATTRO FORMAGGI 11.50 €

Four Cheeses / *Quatro Quesos*

TORTELLINI ALFREDO 11.90 €

Garlic, Cooking Cream, Spinach, Black Pepper, Prawns /
Ajo, Nata Cocinar, Espinacas, Pimienta Negra, Gambas

LASAÑA - LASAGNA

LASAGNA MINCED BEEF / LASAÑA CARNE PICADA DE TERNERA 12.90 €

Cheese, Bechamel, Tomato Sauce, Beef /
Queso, Bechamel, Salsa Tomate, Carne De Ternera

BROCCOLI GRATINADO FOR BOTH / BROCCOLI GRATINADO 12.50 €

Cream, Garlic, Cheese, Butter, Salt, Pepper /
Crema De Nata, Ajo, Queso, Mantequilla, Sal Pimenta



PATATA FRITA ESPECIALS (SPECIAL CHIPS)

FRIED POTATO PORTION / PATATA FRITA RACION 2.95 €

**FRIED POTATOES WITH BACON AND CHEESE /
PATATAS FRITAS CON TOCINO Y QUESO** 5.90 €
(BACON CHEESE FRIES)

SPICY BUFFALO FRIES / PATATAS FRITAS PICANTES DE BUFALO 6.95 €
(SPICY BUFFALO FRIES)

**POTATOES CHEESE SAUCE MEAT /
PATATAS FRITAS QUESO SALSA CARNE** 6.90 €
(TACO FRIES)

GARLIC CHIPS WITH CHEESE / CHIPS DE AJO CON QUESO 6.90 €
(CHEESY GARLIC CHIPS)



CARNE - MEAT

GRILLED CHICKEN BREAST / PECHUGA DE POLLO A LA PLANCHA 11.95 €

GRILLED PORK CHOP / CHULETA DE CERDO A LA PLANCHA 12.95 €

PORK SIRLOIN /SOLOMILLO DE CERDO 12.50 €

BEEF SIRLOIN—300 GR 24.95 €

HALF/FULL BBQ RIBS PORK /
MEDIA / ENTERA COSTILLAS DE CERDO A LA BBQ 11.95€/15.95 €

1/4 ROASTED CHICKEN / CUARTO POLLO AL HORNO 9.95 €

CARNE A LA PIEDRA - STONE MEAT

SIRLOIN /ENTRECOTTE - (350 GR) 20.80 €

FILLET BEEF STEAK / SOLOMILLO DE TERNERA 25.95 €

LOMO ALTO RIBEYE 24.95 €

***ALL WITH GARNISHES COOKED POTATO ONION GRILLED TOMATO
AND MIXED SALAD**

***TODOS CON GUARNICIONES PATATA COCIDA CEBOLLA TOMATE PLAN
Y ENSALADA MISTA**

SALSAS - SAUCES

PEPPER SAUCE / SALSA PIMENTA 2.00 €

MUSHROOMS SAUCE / SALSA CHAMPIÑONES 2.00 €



HAMBURGUESAS - BURGERS

**COMPLETE BEEF BURGER /
HAMBURGUESA CARNE TERNERA COMPLETA CON PATATA FRITAS** 8.50 €
Lettuce, Tomato, Onion, Bacon, Cheese, With Pink Sauce /
Lechuga, Tomate, Cebolla, Bacon, Queso, Con Salsa Rosa



**BREADED CHICKEN STEAK BURGER WITH POTATO FRIES /
HAMBURGUESA FILETE POLLO EMPANADO
CON PATATA FRITAS** 8.00 €
Lettuce, Tomato, Sauce, Mayonnaise / *Lechuga, Tomate, Salsa, Mayonesa*



PAELLA PARA 2 PERSONAS - RICE

MEAT PAELLA / PAELLA CARNE 25.00 €
Green and Red Pepper, Onion, Pork, Chicken, Tomato, Ripe,
White Wine, Garlic, Saffron, Meat Broth/
*Pimiento Verde y Rojo, Cebolla, Carne De Cerdo, Pollo Tomate, Maduro,
Vino Blanco, Ajo, Azafran, Caldo De Carne*

FISH PAELLA / PAELLA PESCADO 26.50 €
Green and Red Pepper, Garlic, Clams, Mussels, Prawn Ripe Tomatoes
White Wine, Fish Broth /
*Pimiento Verde y Rojo, Ajo, Almejas, mejillones, Gamba Tomate Maduro
Vino Blanco, Caldo De Pescado*



RICE WITH CHICKEN WINGS / ARROZ CON ALITAS DE POLLO 23.90 €
Green and red pepper, onion, ripe tomato, white wine,
Chicken Wings, Salt, Chicken Broth /
*Pimiento Verde y rojo, Cebolla, Tomate Maduro, Vino Blanco,
Alitas De Pollo, Sal, Caldo De Pollo*

MENU INFANTIL - KID'S MENU

SIMPLE CHICKEN BURGER / HAMBURGUESA DE POLLO SIMPLE 5.95 €

CHICKEN NUGGETS / NUGGETS DE POLLO 5.90 €

FISH STICKS / PALITOS DE PESCADO 6.00 €



STEAKS ON STONE

"This is what we are all about, cooking your steak on a volcanic stone heated to 750 degrees .

YOU COOK IT THE WAY YOU WANT

and the last bite is just as hot as the first bite .

A Unique Experience “.

All of our meat is as lean as can possibly be.

However, If you so desire , we could cook your steak

BLUE RARE



RARE



MEDIUM RARE



MEDIUM



MEDIUM WELL



WELL DONE



CARNE A LA PIEDRA

“De esto se trata – Cocinar la carnes sobre piedra volcánica precalentada a 750°C.

LO COCINA Ud. MISMO AL PUNTO QUE LE PLAZCA

y el último bocado resulta tan rico y tan caliente como el primero”

Es una experiencia única ya que todas nuestras carnes son magras a más no poder.

"No obstante, si prefiere que se lo hagamos nosotros indíquesele al camarero "

MARCAR SOLO



VUELTA



MEDIO MENOS



MEDIO



MEDIO MAS



HECHO





SALT RESTAURANT
FISH & MEAT

